

**Subject: [TeamMONASH™] Around the Bay in a Day Update - 7 Weeks to Go**

**Dear 2009 TeamMONASH™ Around the Bay in a Day participant,**

Thank you for registering with TeamMONASH™ to take part in the 2009 Around the Bay in a Day event. With just 7 weeks remaining until the event day, we hope your training is going well. In the coming weeks, we will be sending out e-mails with relevant information to assist you with your preparation.

The update this week will cover the following:

- Fundraising for the Smith Family
- Uniform collection sessions
- TeamMONASH™ exclusive offers
- Carpooling
- TeamMONASH™ merchandise

**Fundraising for the Smith Family**

The total funds raised by our team thus far, for the Smith Family is only \$1,380 (which works out at only \$4 per rider on a per head basis). As a team we are currently ranked number 20 (well behind some other academic institutions).

Come on TeamMONASH™! We took out the University fundraising trophy last year and we want to defend that title this year! If each of us raises just \$20 it adds up to an impressive \$10,000 by the team. Let's improve our ranking!

Our official fundraising page is

<http://aroundthebayfundraising.com.au/?TeamMONASH>.

Remember to promote your fundraising and seek sponsorship from your friends, family and colleagues via the tools (e-mail, MySpace, Facebook, Twitter etc.) available on the team and your individual page. Please remember that none of the funds from your registration go directly to the Smith Family, so please think about raising some much needed funds to help support the Smith Family's Learning for Life program .

**Uniform collection sessions**

Uniforms are now available for collection. Get in early to secure a size that best fits you. Please refer to the link below for further details about location and collection times.

<http://sport.monash.edu.au/events/around-the-bay.html#uniform>

**TeamMONASH™ exclusive offers**

As part of our team services we are delighted to announce and bring you the following special offer\*.

### **Biomechanical cycling analysis**

Ever wondered if your bike was actually set up right? This is a service that you find offered commercially between \$200-250, however we are pleased to announce that a similar service is being offered by students from the Monash Bachelor of Sport & Outdoor recreation (BSOR) degree at the following rates;

Monash Students & School Challenge Participants \$20

All Others - Monash Alumni, Graduates, Staff, Family, Friends and community \$70

This will give students important practical and developmental opportunities.

**IMPORTANT NOTE:** All monies raised through this program will be donated to the Smith Family on behalf of TeamMONASH™.

Availability: Monash Clayton & Peninsula campus only

Sessions available: Tuesday and Thursdays

How to book: Email: [Andrew.Robinson@sport.monash.edu.au](mailto:Andrew.Robinson@sport.monash.edu.au)

\*N.B. More special offers will be announced in future newsletters.

### **Carpooling**

Part of being in a community like Monash is extending a helping hand to one another.

If you are participating in the 100km bike ride, intend to drive to the event and have spaces for other participants and their bikes in your car, please inform us at [participants@sport.monash.edu.au](mailto:participants@sport.monash.edu.au). Please include your contact details, suburb and the number of participants you can accommodate.

### **TeamMONASH™ merchandise**

From Tuesday 8 September, you will be able to buy TeamMONASH™ merchandise in our new online store. This includes branded bike knicks, as made by BodyTorque these knicks feature top quality materials, including a thick padding layer, and are available in sizes XS to XXXL.

For a preview of the store, go to - [www.sport.monash.edu.au/merchandise/](http://www.sport.monash.edu.au/merchandise/)

For further information please visit the [TeamMONASH™ website](http://www.sport.monash.edu.au/merchandise/) or email Monash Sport at [participants@sport.monash.edu.au](mailto:participants@sport.monash.edu.au)

Go TeamMONASH™!

Kind regards,

**2009 TeamMONASH™ Around the Bay in a Day Project Team**

Fitness, Fun, Friends and Family

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the Around the Bay in a Day 2009.