



Mount Buller Weekend Snow Trip – Friday 7 to Sunday 9 August, 2009

This trip is for skiers and snowboarders of all abilities from first timers to advanced ski bunnies and snow bums. Participants can enjoy a relaxing weekend in the snow, or push their limits and ski/board solid for the weekend.

The trip is open to the community as well as staff and students of Monash University.

Accommodation –

We will be staying at the Monash Lodge, which is a beautiful well managed lodge in Mount Buller. Most rooms are 4 share with 2 sets of bunk beds. For more accommodation info visit the following website:
<http://www.sport.monash.edu.au/alpine-lodge.html>

What to bring –

Ski Clothing

- *Jacket and pants, which are warm, waterproof and windproof*
- *Ski gloves, which are waterproof and insulated*
- *Beanie or balaclava, scarf*
- *Ski goggles (sunglasses - UV reflective – are OK if the conditions are fine)*
- *Long socks*
- *Thermal underwear, or skivvy and tracksuit pants*
- *Warm jumper*
- *Sunscreen and lip balm*
- *Small back-pack to put food and drinks in and any excess clothing*

Linen

- *Sheets, pillowcase, towel (blankets and doonas are provided)*
- *Pillow may be valuable for the bus trip*

Other Clothing

Flat shoes and two sets of clothes is plenty. High heels and the latest fashion is no good in the snow. If you're going to ski every day bring 5 or 6 pairs of socks.

Food

Monash Lodge has cooking facilities to prepare your own food. There is also a range of restaurants and bars if you don't want to cook, but be aware that it won't be cheap. We may organise food groups once trip numbers are finalised. This will be discussed more as we get closer to departure.

Transport –

Transport from Churchill to Melbourne (Clayton) is being provided by MUGSU. Professional drivers will take the group from Melbourne to Mount Buller by coach. This means you can sleep all the way there, and all the way home!

Pick up/drop off points:

- *Clayton – Monash University, Robert Blackwood Hall bus parking area **3pm**.*
- *Caulfield - Monash University, Cnr Sir John Monash Drive and Princes Avenue (opposite the train station) **3:30pm**.*

Monash Sport

Building 1 Monash University, Clayton Campus
Wellington Road, Clayton VIC 3800, Australia
Telephone +61 3 9905 4102 Facsimile +61 3 9905 4104
www.sport.monash.edu
ABN 12 377 614 012 CRICOS provider number 00008C



Cost –

The base rate for this trip is \$265 for students or \$285 for non-students. This includes:

- *2 nights accommodation*
- *Transport (including oversnow transfers)*
- *Resort entry*
- *A fun group to ski/board with over the weekend*
- *Photos and video footage of the trip*
- *Reliable trip leaders who can give you expert advice leading up to and during the trip*
- *We will also help you to arrange equipment hire, and arrange discounted lift and lesson tickets*

More information

For more information about this trip please contact:

David Nankervis - Monash Sport Caulfield – Team Leader
(03) 9903 2520
David.nankervis@sport.monash.edu.au

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