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www.sport.monash.edu/news

Where were you when...?

Martin Doulton, Director of Sport

Is there a special moment that you remember exactly what you were doing and where you were when a famous event happened? For me I can tell you exactly what I was doing, who I was with and where I was when I heard the news that John Lennon had been gunned down and when the crackly pictures of Mankind landing on the Moon came through. I don't know why those events stuck in the memory all these years, probably the real reason why they did was the passions and emotions evoked in those I was with. Feelings of sadness, disbelief for the first one and awe and disbelief for the second one!

Sport often conjours up deep memories of excitement and despair. While most Monday mornings sees the talk around the water cooler centre around the weekends footy results there are some enduring sporting memories that become part of the countries folk lore. For instance where were you when Monash University Sport Hall of Famer and Monash Alumnist John Bertrand steered that famous winged keel past our old mate Denis Connor to score what was a famous victory for the underdog and at the same time created a true nation building moment that put Australia firmly on the world map forever? Or what about when John Aloisi put away the penalty that rocketed Australia into the 2006 soccer World Cup and at the same time inspired a nation of children to kick a round ball.

I have to declare that my most memorable sporting moment here in Australia is when Kieren Perkins defied all the odds of scraping into the Final by the narrowest of margins and even though he started out in lane eight he stormed home and won the 1500m Freestyle Gold medal at the 1996 Atlanta Olympics. Surrounded by nearly 300 screaming children at a public swimming pool there was no doubt for me at that moment about the positive influence and inspiration that Sport can play in building a sense of spirit and community.

Pretty much every one I know has a favourite sporting moment. In this time of when many things aren't great I hope this little piece reminds you of that happy moment in time when reality stood still and that by reliving when, what, where and who with it brings you a smile on your dial!

So. Where were You when...?



Underdogs winning at the 2008 Australian University Games, the Monash University womens basketball team

From the Editor

Lloyd Gordon, Media Assistant

Being a swimmer, it's hard to look past Kieren Perkins' famous victory out of lane eight in Atlanta, but then again, last years AFL Grand final was pretty special! As Australian's we love underdogs who get up on the day, showing courage in the face of adversity. I bet no-one counted on Monash University winning last years Australian University Games, but now defending the title in a different state this year will be a whole different ball game, and being underdogs again it would make for a great story.

So as always, there is a jam packed issue for you to trawl through, please ensure you send any feedback to myself at lloyd.gordon@sport.monash.edu.au and enjoy the read!

All contributions are made by Monash Sport staff, unless otherwise noted.

Monash helps Australia take on the world!

Carolyn Kenny, Athlete Support Coordinator

Monash Sport is proud to announce that nine Monash University students will be competing at the World University Games to be held in Belgrade, Serbia from 1 - 12 July this year. This is the largest number of students Monash University has ever had competing in this competition.

For the first time ever, Monash students are representing two different countries. Nine Australian based students will be competing in different sports for the Green and Gold, plus, one of Monash's South African based students will be competing in Athletics for South Africa.

The talented Australian athletes selected are:

Athletics: Joel Pocklington, Laura Cornford and Dale Stevenson.

Basketball: Andrew Harms and Sarah Graham

Judo: Stephanie Grant

Tennis: Alison Bai

Swimming: Amy Cockerton

Dale Stevenson, who studies a Bachelor of Education(Sec)/Bachelor of Sport and Outdoor Recreation at Peninsula Campus, was ecstatic to be chosen for the Australian Athletics Team in his chosen discipline of Discus.

"To me, making any Australian team is the pinnacle of sporting achievement. The opportunity to represent my country, as well as my University, greatly surpasses any medals, awards or public recognition. The World University Games are not only a fantastic stepping stone to World Championships and Olympic Games, but they provide an invaluable experience and world-class competition in their own right."

Dale has also represented Monash University at the Australian University Games for the last three years running, captaining the team that won 'Overall Sporting Champions' in 2008.

For more information on the World University Games, please see;
www.unigames.com.au

You will also be able to check the athletes progress on the Sport homepage and at;
www.sport.monash.edu/news

On behalf of Monash Sport, we wish our athletes the best of luck!



Dale Stevenson (centre) with the 2008 Australian University Games trophy

Families and GPs unite to fight obesity

Researchers from Monash University's Department of General Practice are working with parents of overweight children to try and find out what kind of hurdles they experience when seeking GP support.

The team will interview parents about what they expect from their GPs and what sort of experiences, good and bad, they may have had when seeking help for problems related to children being overweight.

They hope the results of the study will lead to improvements to GP training and the ways information is provided to patients.

The research will build upon another Australian study that found doctors find it difficult to raise the issue of childhood obesity with parents even though they are aware of the importance of managing the problem.

Lead researcher Associate Professor John Dixon said childhood obesity demanded urgent attention, with one in five children overweight and up to six per cent obese in Australia.

"GPs have played an important role in the success of public health programs for smoking and alcohol cessation but we are yet to see evidence of the positive effect they have on overweight and obesity statistics," Associate Professor Dixon said.

If you would like to participate in the study contact;
Dr Kay Jones - (03) 8575 2224 or,
Leah Falkingham - (03) 8575 2223.

*Sourced from Monash Memo,
Wednesday 20 May 2009*

Parkville social sport

Lloyd Gordon, Media Assistant

The finale of the first social basketball competition at the Parkville Campus was held last week. Parkville Recreation Activities Club (PRAC) put on a BBQ before the match revving students up and getting them excited.

The competition ran on Tuesday lunchtimes, and regularly attracted crowds of over 30 students. The competition was run by student Igor Chekhtman on behalf of Monash Sport. Congratulations must go to the 'Timpanos' who beat 'Formerly Pharm Sci' 10 to 7 in the grand final.

Igor went on to say that the social sport grand final "was a very entertaining and competitive match. Despite having the lead for the entirety of the game the Timpano's were tested late in the second half by a Formerly Pharm Sci resurgence. They held off the rush to clinch the very first Basketball Championship"

"The competition was an awesome success and we are all looking forward to the soccer competition next semester. I'm quite certain that there will be a greater response to this upcoming event."



The Timpanos after their victory on Tuesday

www.sport.monash.edu/news

Find out the latest sport news from the Monash community and more including the new Fitness Centre Member Newsletter - for Monash Sport members, and Streamline - the Learn To Swim and Squad newsletter.

A photo gallery of our events has also just been added.



Churchill scores new synthetic hockey pitch

Monash University's Churchill campus, a major staging post for fire crews fighting the recent Black Saturday fires, has received a \$300,000 boost for a new hockey and soccer pitch.

Sports Minister James Merlino had a first-hand look at the campus last week and announced the funding boost to replace worn turf with a multi-use synthetic sports surface.

"The new synthetic pitch will provide a new local home for hockey and soccer after the longest drought in our history and the recent bushfires." Mr Merlino said.

"We don't want any Victorians to miss out on the benefits of sport and recreation, which is why we are committed to improving the quality and accessibility of local sporting facilities."

Mr Merlino said the new synthetic surface will be low-maintenance, durable, drought resistant and able to withstand more wear and tear.

He said the new surface would encourage even more hockey and soccer players to the facility and cater for local competitions, mid-week and regional tournaments.

"That's why this funding is so important - by improving our sporting facilities we are ensuring people can stay involved in their community, stay active, and develop a sense of belonging in good times and bad," Mr Merlino said.

Mr Merlino said this campus was an important rallying point for the community providing a base for local fire fighters and their equipment, as well as a 24-hour kitchen feeding up to 500 people a day, during the recent Black Saturday fires.

Sourced from Hockey Victoria, Wednesday 20 May 2009

The sports shorts

Edited by Lloyd Gordon

Indian-born Monash student Sid Rajan, 24, left Perth on Sunday aiming to become the first person to cross the country on a unicycle. He will document the ride in his honours thesis on long-distance cycling, and is also fundraising for Australia's Humour Foundation Clown Doctors and an Indian Art of Living Foundation project. Sid also participated in the Around the Bay in a Day bike ride, on his unicycle, as part of TeamMONASH™ in 2006.

The Mercury,
Monstersandcritics.com

Steppe by Steppe, Side by Side - A journey on four wheels is a project headed by Roger Chao and Megan Kerr, two Monash University students. They departed on their 12 month journey through Central Asia, Western China and Mongolia on 3 May and will be covering 12,000km of desert, mountain passes, and vast steppes, in all seasons. And their only means of transport will be a four-wheeled, recumbent, sociable tandem, pedal-powered vehicle: the Quike. Their aim is to experience the ancient and diverse cultures of the region, and to transmit the stories of these people back to those following via their website.

www.steppebysteppe.com.au

Monash University student, Catherine Guest has been selected in a composite junior Australia A team to compete in Saipan next month. Catherine also plays for the Dandenong Rangers, where four other players have been selected to make up the 12 strong squad. The girls will compete against teams from New Zealand, New Caledonia, Guam and the Commonwealth of the Northern Marian Islands. The Dandenong Rangers partner Monash Sport as part of a strategic basketball development.

www.wnbl.com.au

High Performance Sport Centre on TV!

Lloyd Gordon, Media Assistant

The Monash University High Performance Sport Centre (HPSC) featured prominently on FOX8's Football Superstar series on Wednesday 28 May. The first show of the series put the top 50 contestants from around the country through their paces at the HPSC in a range of fitness tests to ascertain their individual levels of fitness.

By the end of the episode, the group was whittled down to a top 15 group after a state vs state tournament held at the soccer ovals on Monash University's Clayton campus. You can see more of the show, featuring many Monash University landmarks, and more about the HPSC by following the websites below.

www.fox8.foxtel.com.au/Shows/football-superstar

www.sport.monash.edu.au/hpsc



The entrance to the Monash University High Performance Sport Centre on Duerdin St

60 Seconds with... Stacey Bulger

AIS Softballer and student at Peninsula campus



Highest Level played at: AIS Squad

Career highlight so far: Being selected for the AIS, winning national championships for victoria

What are you studying: Physiotherapy

Career aspirations: To make my debut for Australia very soon and to hold a spot in that team and play at the next olympics. Once a qualified Physiotherapist I would like to work in all fields of Physio and eventually would like to be a successful Sport Physio for athletes at the highest level.

Favourite food: Cereal

Hero: Peta Edabone

Sports Quiz

For 1 Point

- 1 Which country has won the most Commonwealth Games gold medals?
- 2 Which NBA team did Shaq O'Neal play with in 2002/03?

For 2 Points

- 3 Which cricket team won it's first ever test match in England in 1983?
- 4 What sport returned to the Olympics in 1988 after a 64 year absence?

For 3 Points

- 5 Cyclist Robbie McEwen lives in which country?
- 6 How many tests did Australia win during the 'Bodyline' cricket series?

Who Am I?

For 5 points

I was born in Otorohanga, New Zealand on 23 October 1978

For 4 points

I am a one time Olympian

For 3 points

I hold a world record for most goals scored in an international match

For 2 points

My parents named me Archibald

For 1 point

I scored 5 goals in my teams appearance in the 2007 A-League grand final

Did you know?

The Coolangatta Gold is one of the original Ironman events involving a 23km surf ski leg from Surfers Paradise to Greenmount before a return journey north that includes a beach run of 600 metres from Greenmount to Coolangatta, a 3.5km swim to Bilinga, a 4km beach run to Currumbin and a 5.5km board paddle to Burleigh Heads before the final torturous 10km beach run from Burleigh Heads to Surfers Paradise.

The Gold was contested in 1984, 1985, 1991 and 1992 before being reformatted and reborn in 2005 as an exciting new era for Surf Life Saving Australia with the modern event now also including a shorter women's race, a team event and a masters race. For the first time in 2007 the race was open to non surf lifesaving competitors.

Last year the mens event was won by Caine Eckstein (younger brother of world champion surf lifesaver Shannon) and the women's was won by Hayley Bateup (who played Nitro on the Australian version of 'Gladiators').

Monash hosts Springbok visitors

David Nankervis, Caulfield Team Leader

Last week Mr Johan Smith and Mr Kenneth Mokgojoa from the Monash University South Africa Campus in Johannesburg enjoyed a great trip to Melbourne. The trip saw them take part in many sporting events, cultural experiences and provided many networking opportunities, they were hosted by Monash Sport.

After arriving in Tullamarine on Sunday, their first stop was to the MCG for a football clash of a very different kind for them, a game of AFL football, which after the first quarter explaining all the rules, they enjoyed thoroughly.

The guys then sat in on a filming session of Football Superstar at Monash Sport Clayton on the Monday morning. This was especially entertaining for Kenneth who coaches the Monash University soccer teams in South Africa and is an ex-professional soccer player.

During the visit, Johan presented some terrific information about the programs and services offered in South Africa at Monash University. Monash is positioning itself as a leader in growing AFL football in South Africa through the Footy Wild program. Johan also mentioned that the TeamMONASH™ participation in the Walk The Talk community fitness event is set to number 500 Students, Staff and Alumni.

In a whirlwind tour down under, this action packed week was not just a great experience but through sport, will enhance the global Monash engagement and create international opportunities for many students and staff well into the future.



Kenneth, Johan and David also took some time out to see the Melbourne Vixens



Kenneth and Johan at the Docklands

- 1 Australia
- 2 LA Lakers
- 3 New Zealand
- 4 Tennis
- 5 Belgium
- 6 One
- 1 am... Archie Thompson

Sports Quiz Answers